



*Focusing on prevention
of disease and health
care for our community*

NASH COUNTY HEALTH DEPARTMENT

Nashville Office (Main)

214 S. Barnes St., P.O. Box 849
Nashville, NC 27856
Clinic, WIC, Administration,
Health Education
(252)459-9819

Rocky Mount Branch Office

322 S. Franklin Street
Rocky Mount, NC 27804
Clinic, WIC
(252) 446-0027

Home Health Agency

200 West Washington Street
Nashville, NC 27856
Home Health Services
(252) 446-1777

Environmental Health

Nash County Office Building
120 W. Washington Street, Suite 2127
Nashville, NC 27856
459-9829

Solid Waste Program

State Road #1411
Castalia, NC 27816
Trash/Recycling Centers
(252) 459-9899

Animal Control

921 First Street Extension
P.O. Box 849
Nashville, NC 27856 (252)
(252) 459-9855

Nash County Health Department offers confidential services at no cost or on a sliding fee scale to all residents of Nash County.

Services are provided at NCHD regardless of race, age, religion, gender, marital status, national origin, or disability status.

En el departamento de salud hay interpretes de habla hispana para asistir a los residentes con servicios de la clinica llamar al 462-2433 para asistencia.

ANIMAL CONTROL



Services include:

- * Enforcing rabies vaccination laws
- * Investigating animal bites
- * Encouraging proper animal care and population control
- * Providing animal adoption
- * Cosponsoring, with local veterinarians, rabies vaccination clinics

ENVIRONMENTAL HEALTH

Assures food/lodging/institutional sanitation as well as proper sewage disposal and well protection.

Services include:

- * Permitting and inspection of facilities that sell food to the public
- * Provides 'Foodhandler Classes' to foodservice establishment employees
- * Inspects all public pools to enforce health and safety standards
- * Inspects daycares, summer camps, rest/nursing homes, hospitals, residential care and confinement facilities, tattoo parlors, and lodging facilities to enforce state rules
- * Enforces state laws which help protect children from exposure to lead hazards
- * Enforces state laws and regulations on smoke-free bars/restaurants
- * Helps prevent the spread of disease from improper sewage disposal and unprotected wells
- * Collects and tests water samples
- * Provides well and septic design and permitting
- * Evaluates building sites for suitability of septic systems and enforces local well ordinances

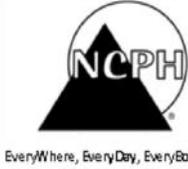
SOLID WASTE



Assures safe collection, storage and disposal of our community's trash. Services include:

- * Provides and staffs 9 collection/recycling sites throughout the county for rural trash deposits
- * Investigates complaints of solid waste violations
- * Operates disposal site for large waste

OUR PUBLIC HEALTH GOALS ARE TO:



1. Prevent diseases
2. Detect and treat health problems early
3. Promote healthy lifestyles

The health department offers many services in an effort to keep residents and our community healthy. NCHD serves ALL Nash County residents- whether you come in our doors as a patient or as we reach you as part of our community and environmental health programs.

CHILD HEALTH CLINIC



Identifies health problems and promotes healthy physical, mental, and emotional development. Services include:

- * Well baby checkups and limited care for sick children 0-21 years of age
- * Dietary counseling
- * Physical exams including needed lab work
- * Lead and sickle cell screening and counseling
- * Referrals if health or developmental problems are found
- * Developmental checkups
- * Immunizations
- * Dental screenings and varnishing
- * Care Coordination for Children (CC4C)

WIC



Prevents and improves nutrition-related health problems during pregnancy, the postpartum period, and the first five years of life. Services include:

- * Assessment of nutrition habits and needs
- * "Food Vouchers" for basic nutritious foods
- * Nutrition counseling
- * Promotion and support of breastfeeding

MATERNITY CLINIC



Provides regular prenatal care in hopes of reducing pregnancy complications and infant deaths. Services include:

- * Pregnancy testing/counseling
- * Regular prenatal physicals
- * Childbirth classes
- * Dietary counseling
- * Substance abuse evaluation and counseling
- * Pregnancy Care Management

FAMILY PLANNING



Provides assistance in planning family size and spacing of births. Services include:

- * Education on natural family planning, methods of birth control, and breast self exam
- * Physical exams including testing for infection
- * Pregnancy testing and adult immunizations
- * Birth control method supplies

WOMEN'S HEALTH WATCH



Provides annual screening clinic for women. Services include:

- * Screening for high blood pressure, anemia, breast cancer, and diabetes
- * Pap smears to detect cervical cancer
- * Cholesterol tests
- * Dietary counseling
- * Education to change unhealthy habits which may cause chronic disease
- * Tetanus vaccines
- * Referrals if health problems are found
- * Free mammograms as available

IMMUNIZATIONS



Provides prevention of communicable diseases through proper vaccination. Services include:

- * Adult immunizations (including flu, pneumonia, and tetanus/pertussis/diphtheria)
- * Childhood immunizations

COMMUNICABLE DISEASE CONTROL



Provides prevention, testing, treatment, and follow-up of sexually transmitted diseases, hepatitis, tuberculosis, and other communicable diseases. Services include:

- * Confidential testing, contact follow-up, and treatment (when available)
- * Individual and group education to prevent the spread of communicable diseases
- * Confidential testing for HIV/AIDS
- * Medication and referrals for TB x-rays
- * Outbreak investigation

EMERGENCY PREPAREDNESS



Works with various health and emergency agencies to develop plans for managing disease outbreaks or community-wide disasters

- * Prepares and participates in community-wide emergency management drills
- * Responds to disease outbreaks and disasters to protect the public's health

HEALTH EDUCATION & PLANNING



Encourages and assists with initiatives to improve the health status of residents by changing policies, environment, and individual barriers to reducing the risk for health problems. Services include:

- * Health education information and programs on nutrition, HIV/AIDS, blood pressure, family planning, wellness, breast health, childbirth, healthy lifestyles, exercise, preconceptual health, communicable diseases, teen pregnancy prevention, tobacco free living, public health services, etc.
- * SIDS counseling
- * Healthy Start Baby Love Plus outreach
- * Diabetes Self Management Program
- * Positive Parenting Program (Triple P) individual and class services
- * NAPSACC for childcare centers
- * Community Health data, assessment, and planning.

HOME HEALTH



Provides comprehensive healthcare to patients in their place of residence (must be homebound and in need of skilled, intermittent services). Services include:

- * Nursing
- * Physical Therapy
- * Speech Therapy
- * Occupational Therapy
- * Home Health Aide
- * Community Alternatives Program for Disabled Adults and Children
- * Medical Social Worker to help with community resources

VITAL RECORDS



Ensures accurate reporting of all vital events occurring in Nash County including births and deaths, cases of communicable disease, and other leading health problems.